

Patient & Family Partnership Council

Naval Hospital Yokosuka

LACTATION RESOURCES

For a comprehensive list of USNH Yokosuka and CFAY lactation resources please visit:
<https://yokosuka.tricare.mil/Health-Services/Primary-Care>

To inquire about virtual visits with our staff Lactation Consultant, please call 243-5505.

INFANT FEEDING IN EMERGENCIES

Considering infant feeding in disaster preparedness efforts and when putting together emergency kits is important. Families are encouraged to visit the CDC to learn more:

<https://www.cdc.gov/infant-feeding-emergencies-toolkit/php/facts.html>

SHADOWING

The hospital is only able to offer clinical shadowing opportunities to active duty service members. If interested, please email us at dha.yokosuka.Yokosuka-NH.list.pfpc@health.mil

MENTAL HEALTH RESOURCES

An updated .pdf for local mental health resources has been uploaded to the official CFAY website. Please visit the CFAY homepage and tap on the "Local Mental Health Resources" link immediately above the photo slideshow.

Please note, some browsers may prompt you to download the file.

<https://cnrj.cnrc.navy.mil/Installations/CFA-Yokosuka/>

SET UP A DHA VIRTUAL EDUCATION ACCOUNT TODAY

Get informed. Ask the right questions. Make the best decisions about your health.

The Virtual Education Center is the most comprehensive and reliable resource for health wellness education for all beneficiaries.

Visit <https://yokosuka.tricare.mil/Patient-Resources/Virtual-Education-Center> or <https://vec.health.mil/> to learn more.



For meeting details, questions, or to learn more about Patient Family Partnership Council, please visit <https://yokosuka.tricare.mil/Patient-Resources/Patient-Family-Partnership-Council> or email us at dha.yokosuka.Yokosuka-NH.list.pfpc@health.mil

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